



Food Guide

Restaurants, beach bars,
bars and tascas

Ayamonte y Algarve oriental

By Joan Resina, Director of Isla Canela Golf Hotel Boutique





With this quick guide we want to give you a sneak peek of what's on offer in Isla Canela, Ayamonte and nearby Algarve in terms of food and possible trips to discover this wonderful area



"I'm referring to establishments with place settings and tablecloths

1993

Undoubtedly the restaurant with the most creative cuisine in Ayamonte, combining local produce, Mediterranean cuisine and fusion cooking. The sampling menus are highly recommended. Located in Hotel Isla Canela Golf.
Average price: €30



El Minutero

Are you looking for a seafood restaurant where you can eat good fish?
On the Pinillo promenade, in the Isla Canela Marina, in the Punta del Moral area.
It's a good option, and has always had a good name.
I recommend making a reservation.



“Here I include bars, taverns and tascas. They’re all quite small so large groups aren’t an option, but there’s no problems for groups of 6-8 people.”

Merkajamon

It’s a delicatessen store that also has barrels as tables where you can taste Iberian products and some of the delicacies it sells. Ideal for enjoying a glass of wine or a bottle of beer with a plate of Iberian ham, cured pork sausages, cheese, etc. Right next to the marina. Small.
Average price.



El Orta.

One of the oldest food shops in Ayamonte with a pleasant courtyard at the back. You can choose tapas from ‘tins’, Iberian pork, cheese, etc., but nothing cooked.
Average price.



Beach bars and seafood restaurants

“Punta del Moral is Ayamonte’s fishing neighbourhood. It’s divided into the beach and the old town. Most restaurants in the old town are run by fishing families with their own boats.

Casa Miguel Ángel y Micaela

At the entrance to the old town of Punta del Moral. A reference point for rice dishes... it is difficult not to be satisfied with their paellas and rice dishes. Also good fish and seafood stews. Reservations are necessary.
Average price.



Chiringuito Bombadil

On Isla Canela beach. A beach bar right on the sand. Great cuisine, especially fish, coquina clams, prawns and much more. And it has a pleasant atmosphere. A good place for groups as it is quite spacious.
Average price.



Restaurante La Bocana

Found in the Marina de Isla Canela shopping centre, in Punta del Moral. A great option for fish. With views over the mouth to Isla Canela Marina and Isla Cristina. The quality is always very good. Best to call and book a table

La Abacería de la Sal

Perfecto para tapear y compartir. Ofrece embutidos ibéricos, quesos,

Restaurante A3-Casa Manolo

Because good seafood cuisine also accepts creativity. It is a pleasure to go to A3 Casa Manolo and enjoy the classics and the innovation that comes out of its cookers. It is located on Paseo del Pinillo, in Marina Isla Canela in Punta del Moral. Book in advance. 640 23 22 22 16. Average price.

La Pamela

In Punta del Moral old town. They serve tapas, portions and half portions. Produce is always fresh from the sea as they have their own boats. Average price.

Restaurantes Antonio

Several restaurants in Punta de Moral typical for their rice dishes. They have several restaurants, one of them in the Marina Isla Canela itself, Antonio V, and another on the quay facing the estuary towards Isla Cristina, Antonio IV. They do not accept reservations and therefore it is better to go early. Average price.



Paradise

On the beach of Isla Canela. Magnificent views of the ocean, with a very attractive décor. Restaurant and terrace for drinks... fresh, innovative, attractive, both for its varied menu and for the presentation of the dishes and its wine list. It also has a small menu of Japanese dishes. I love to have a drink after enjoying its gastronomy. Make a reservation so as not to be left out. A must during your stay in Isla Canela. Average price.



Simón

Specialising in fresh seafood and fish caught daily, with a seaside tavern atmosphere. Don't miss the langoustines with a fried egg.



La Cala

A charming little restaurant in the heart of the old town, right next to the fishermen's boats, specialising in traditional seafood dishes, particularly grilled fish. Do try their charcoal-grilled sardines or cuttlefish. The staff are absolutely lovely.



Casa Nostra

An Italian restaurant located within the Meliá Hotel. It is renowned for its fresh pasta, risottos and signature pizzas.



Los Pocitos

A beach bar where you can enjoy fried fish, rice dishes and local specialities right by the sea.



La Sonrisa

Another beach bar, very lively, specialising in tapas, fish and fresh seafood.





Eating in Portugal

“As you know, we’re at the border with Portugal.”

A beautiful trip that takes up little time is to cross the Guadiana River with the boat connecting Ayamonte with Vila Real de San Antonio. The price is very affordable and the boat departs every 30 or 60 minutes, depending on the time of day. Then it’s just a 5 minute walk to Vila Real centre. A great place for shopping and eating.

Food in Portugal is generally good, simple cuisine cooked mainly on the grill or over coals.

The rice with pod razors, seafood, lobster, etc., are a great option, as well as typical Portuguese dish El Bacalhau or La Cataplana, a tradition in the Algarve by cooking fish or seafood in copper pots.

In this nearby area of the Algarve I would recommend five restaurants: But watch out! Portions in Portugal are sometimes very generous. A creamy rice for 3 is enough for 4 or 5 normal eaters.”



O Infante Panorámico Restaurant

In Playa Verde. Around 20 km from the border. Standing on top of a hill with spectacular views over Cabezo beach. A great place for lunch so you can enjoy the views.

One of the typical dishes on offer is “Zapateira”. Average price.

O Cisne Restaurant.

In Vila Real de Santo Antonio. One of the best options for chicken in the area at really attractive prices. A typical eatery that offers chicken as well as grilled meat and fish.

Personally, I love it!!! Close to the Vila Real lighthouse. R. Padre Jorge Leiria 8

Chiringuito Pezinhos na Areia

In Praia Verde, under the O Infante Panorámico restaurant. Ideal for dinner. I love it. One of my favourites. In addition to fish, you can try spaghetti with clams or prawns with curried rice that will have you licking your plate! Ideal location...

Perfect for a romantic evening.

Costa Restaurant

Located in Fábrika. I've tried the rice dishes and, honestly, they're fantastic. Fábrika is a small town just after Cacela Velha, on the sea front. Out of curiosity, the mega villa on the left belongs to former US Secretary of State John Kerry who is married to Theresa Heinz (the famous ketchup brand) and, as she's of Portuguese descent, they decided to buy this villa. Claude Picasso (son of Pablo Picasso) also has a home in this area. Average price.

Casa Velha Typical Restaurant

In Cacela Velha. The lobster rice dishes are sublime; a visit around midday is especially worth it so you can enjoy the small town of Cacela Velha. Standing on a cliff opposite Mantarota beach, in the Ría Formosa national park. Take a trip to enjoy its streets and view, and end your walk with some rice with lobster. Average price.



The Algarve

Until December 31, 2024, the Algarve highway had an “electronic” toll system that required linking a credit card to the car’s license plate, a toll system that does not exist in Spain. Fortunately, since January 1, 2025, the toll has been removed, and the use of the highway, from its start at the International Bridge of Ayamonte / Castro Marim to its end in Lagos, is now free... just cross the bridge, drive, and enjoy.

If you plan to reach Tavira, I recommend taking the second exit and continuing along the national road 125; the journey will take no more than 25 minutes and is more scenic than going directly to Tavira via the highway.

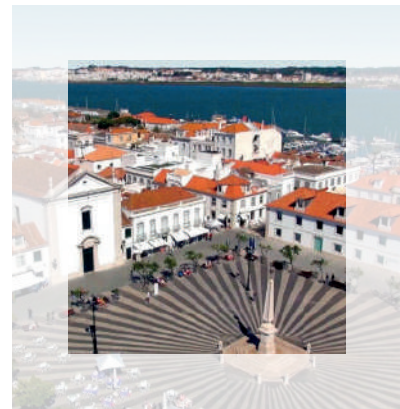
There are several interesting spots between Tavira and Vila Real de Santo Antonio, the town that stands opposite Ayamonte.

To start, crossing the border on the Guadiana Ferry is a great experience*. It departs on the hour and on the half hour. You can go by ferry and return on the motorway.

*your toll will be charged to your card at the end of the day.

Vila Real de Santo Antonio is a commercial town, it has a beautiful square, shops... not much else.

Take the N125 from Vila Real or take exit 2 on the motorway, **Al-tura-Montegordo**, you’ll pass by several roundabouts and after one that leads to **Vilanova de Cacela**, continue along the national road and look out because on the left you’ll see the entrance to **Cacela Velha**. The beach you’ll see opposite Cacela Velha is **Mantarota**, a beautiful spot that marks the beginning of the **Ria Formosa National Park**, which reaches Faro.



Praia de Manta Rota. To get here, as I said before, take the second exit on the motorway and then the N125 towards Faro.

Look out because at km4 approximately, you’ll see a sign on your left indicating **Manta Rota**. Enter the town and keep going to the end, there you’ll find a car park and a large square with walkways leading to the beach. If you head along the beach towards Faro you’ll come to the **Ria Formosa** nature park. At this section, the beach is like an arm of sand with **Ria Formosa** behind it.

By following the N125, you will reach Tavira and see its Roman bridge. A great place for strolling around the centre, climbing up to the castle or enjoying a refreshment in one of its squares.

Tavira is not a seaside town. Between it and the sea the **Ria Formosa** can be found. At Tavira, you can enjoy two magnificent beaches.

La Ilha de Tavira: you will need to drive to a car park and take a small boat to cross over to the beach (beach bars are available for drinks and food).

La Praia do Barril: From the centre of Tavira, you need to head towards Santa Luzia (a great place to eat fish, octopus particularly) and take the turning for **Pedras do Rei** (10 minutes in total). Park here and then take the little train to the beach in 5 minutes. An interesting experience.

Tavira is also home to a new shopping centre, albeit not very large.

Alcoutim is a small town with all the charms of the Portuguese Algarve.



Getting to Fuzeta:

You can take a boat from **Fuzeta**. Exit 2 on the motorway, N125 towards **Tavira**, pass by Tavira, at the roundabout with a boat sail, follow along the N125... pass by **Luz de Tavira** and then on the left there's an entrance indicating **Fuzeta**. From this port you can take a sea taxi to the islands.

If you decide to continue to **Faro**, stay on the N125 that will lead you to the city. It's the capital of the **Algarve**. It has a walled old town and a cathedral. A large shopping centre and not much more to see.

Getting to Alcoutim and Mértola:

Cross the bridge and take exit 1. Head towards **Beja**, take the first exit for the road to Beja, heading to the Golf Course and **Junqueira**. Pass by the village of **Azinhai** (A Prova bakery) just a few kms away, take the junction to **Foz de Odeleite** and stay on the road that runs alongside the river to **Alcoutim**. Make sure you enjoy this roads in the Algarve and Alentejo regions are not busy).

From **Alcoutim** to **Mértola** you can't get lost, it's well signposted. (From Ayamonte to Mértola it's about 78 km, but quite a short drive... roads in the Algarve and Alentejo regions are not busy



Worth seeing a bit further away:

Lagos (stylish tourist area, no masses), **Sagres** (historic town famous for being the departure point of the Portuguese discoverers), close to **Sagres** is **Cabo San Vicente** (the tip of Portugal). The beaches that feature in all promotional photos of the **Algarve**.



Benagil, the cathedral of the Algarve:

With rocks that emerge from the water and cliffs forming coves. They can be found in the Lagos area; Praia da Marinha is the most famous. Around 130 km from Ayamonte.

Albufeira is Portugal's answer to Benidorm or Lloret de Mar, full of bars, restaurants and discotheques.

Vilamoura is the Marbella of Portugal, with a luxury marina and golf courses.

Silves, a typical inland village of the Algarve. Typical dishes: Seafood rice, fish or seafood cataplanas (a traditional cooking method using special "pots") and cod cooked in many different ways as it's the national dish.

The Portuguese cakes and pastries are a great way to treat yourself...

I only mention it out of curiosity or if you have a couple of hours to spare from **Ayamonte** and fancy a coffee and a cake. A bakery in **Azinhal**. It is called **A Prova**. It's pastries are famous and well-priced. Take the first exit on the motorway to Beja, after about 7 km you'll see the sign for **Azinhal**.



General map of Isla Canela



- 1 - La Quinta I
- 2 - La Quinta II
- 3 - Chalets Golf
- 4 - Apartamentos Golf
- 5 - Las Marismas
- 6 - El Rincón del Golf I
- 7 - El Rincón del Golf II
- 8 - Pradogolf
- 9 - El Rincón del Golf III

- 10 - San Bruno I
- 11 - San Bruno II
- 12 - Playa Alta I
- 13 - Playa Alta II
- 14 - Alcaudón
- 15 - Alcaraván
- 16 - Canela Park
- 17 - Las Garzas
- 18 - Los Cisnes

- 19 - Los Gavilanes
- 20 - Los Albatros
- 21 - Los Pelicanos
- 22 - Las Palmeras
- 23 - Playa Verde
- 24 - Jardines de Isla Canela
- 25 - Aptos. Hotel Playacanela
- 26 - Playa Canela I
- 27 - La Marina I

- 28 - La Marina II
- 29 - La Marina III
- 30 - La Marina IV
- 31 - Playa Grande
- 32 - Las Dunas
- 33 - El Faro I
- 34 - El Faro II
- 35 - El Faro III
- 36 - Residencial Atlántico

- 37 - Las Arenas
- 38 - Ocean Homes
- 39 - Casas de la Marismas
- 40 - Los Camaleones
- 41 - Los Flamencos
- 42 - Los Tucanes
- 43 - Hotel Barceló Isla Canela
- 44 - Hotel Meliá Atlántico Isla Canela
- 45 - Hotel Playa Canela

- 46 - Hotel Vila Galé Isla Canela
- 47 - Hotel Isla Canela Golf Boutique
- 48 - Hotel Playa Marina

To keep up to date with all the gastronomic news, events and recommendations in Isla Canela, we invite you to follow us on our social networks and visit our official website. There you will find updated information about the best establishments and plans to make the most of your experience in the area.

